

Soup Nutsy®

MOLTO VEGETABLE Mediterranean Lentil

Nutrition Facts

Per 1 cup (227g) serving

1 (3)	<u> </u>
Amount	% Daily Value
Calories 144	
Total Fat 2 g	3 %
Saturated Fat 0 g + Trans Fat 0 g	2 %
Cholesterol 0 mg	
Sodium 490 mg	20 %
Total Carbohydrate 24 g	8 %
Dietary Fibre 2 g	9 %
Sugars 4 g	
Protein 7 g	
Vitamin A:	11 %
Vitamin C:	9 %
Calcium:	7 %
Iron:	7 %

Nutritional information has been calculated by a third-party software and is accurate based upon information and belief. However, no warranty, expressed or implied is intended.